L’ÉDUCATION PHYSIQUE

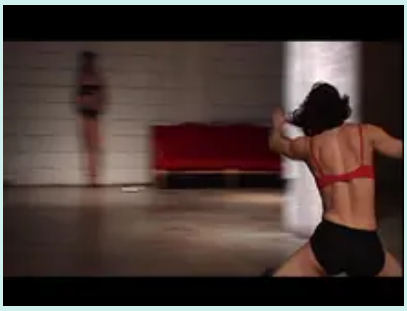
DIRECTOR
Frédéric Moffet
Manon Oligny

DURATION
17:29

YEAR
2005

ORIGINAL LANGUAGE
English
French

CATEGORY
Dance



DESCRIPTION
What does the expression to fulfill oneself or to surpass oneself truly mean today? We are blinded by an exaggerated preoccupation with ourselves and an overdevelopment of the "I" and we are centered on an obsessional theme: to achieve success. Never give up, never lose, these are the leitmotiv of a society that teaches us to be in shape, to be on top. The choreographer Manon Oligny introduces *L'Éducation physique*, a choreographic and photographic conference embodied by Anne Le Beau, Mathilde Monnard, David Pressault and Fabrice Boutique, who are dancers aspiring to the ultimate liberation of their body. Manon Oligny approaches this theme using her unique and critical vision of dancing and its associated codes. With sensitivity and sensuality, *L'Éducation physique* offers a poetical reflection on frenetic training, where the body is shown as an elusive territory that must be mastered. By associating each performing dancer to an instrument, the composer, Laurent Aglat, creates an orchestrated dialogue. The lights conception and photography are created by Yanick Macdonald and the visual manipulations in real time are from Simon Laroche.

SOUND
Stereo

SHOOTING FORMAT
MiniDV

KEYWORDS
Posture, Attitude, Overshooting oneself, Obstacle, Outer, Control,

THEMES
Art and culture
Identity