# SELF-TALK WITH NOTHINGNESS

**DIRECTOR**
Guillaume Vallée

**DURATION**
4:15

**YEAR**
2017

**ORIGINAL LANGUAGE**
No dialogue

**CATEGORY**
Experimental



**DESCRIPTION**
*self-talk with nothingness* is a hand-processed Super8 film trying to depict a dialogue with yourself. The materiality of the medium can be seen as an immaterial and oppressive entity, representing your darkest self, nothingness itself.

**SOUND**
Stereo

**SHOOTING FORMAT**
Super 8

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**KEYWORDS**
Self, abstraction, film, mental health, interiority

**THEMES**
Identity
Mental health