HOW TO HOLD THE EMPTINESS: 3 ATTEMPTS



DIRECTOR
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DURATION
7:53

YEAR
2023

ORIGINAL LANGUAGE
French (on-screen text)

CATEGORY
Performance
Video Art

DESCRIPTION
This video is broken down into 3 chapters: Le Slow (slow dance), Le vent (the wind) and La barrière (the barrier). The central theme of loss in this performative work is portrayed through the attempt to hold onto breakable or intangible things. In the vast surrounding landscape, the actions are juxtaposed to the strong presence of natural elements, like wind and fog. Although the performances implicate some endurance, they mostly speak to poetic connections of care, dependency, and transformation.

IMAGE FORMAT
16:9

SOUND
Stereo

SHOOTING FORMAT
4K

KEYWORDS
Family, Intimacy, Environment, Magdalen Islands

THEMES
Environment
Family