

HOW TO HOLD THE EMPTINESS: 3 ATTEMPTS

DIRECTOR

Rachel Echenberg

DURATION

7:53

YEAR

2023

ORIGINAL LANGUAGE

French (on-screen text)

CATEGORY

Performance
Video Art

**DESCRIPTION**

This video is broken down into 3 chapters: Le Slow (slow dance), Le vent (the wind) and La barrière (the barrier). The central theme of loss in this performative work is portrayed through the attempt to hold onto breakable or intangible things. In the vast surrounding landscape, the actions are juxtaposed to the strong presence of natural elements, like wind and fog. Although the performances implicate some endurance, they mostly speak to poetic connections of care, dependency, and transformation.

IMAGE FORMAT

16:9

SOUND

Stereo

SHOOTING FORMAT

4K

KEYWORDS

Family, Intimacy, Environment, Magdalen Islands

THEMES

Environment
Family