

EXTRA LIFE (AND DECAY)

DIRECTOR

Stéphanie Lagarde

DURATION

21:35

YEAR

2025

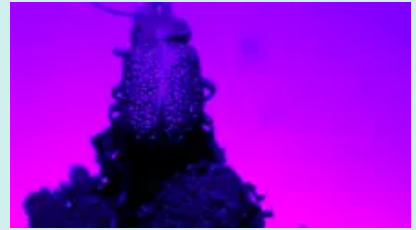
ORIGINAL LANGUAGE

French

CATEGORY

Documentary

Experimental

**DESCRIPTION**

A polyphonic narrator, filmmaker, parent, forest, insects, fungi, childcare worker, declare their absolute refusal of labor exploitation, and their necessity to join collective bodies in resistance. *Extra Life (and Decay)* celebrates hospitality as a survival tool to fight the morbid politics of isolation. An ode to the multitude, the illegible, the unmeasurable.

IMAGE FORMAT

16:9

SOUND

5.1

Stereo

SHOOTING FORMAT

HD

KEYWORDS

polyphony, plants, animals, soil, insects, general strike, social justice, choir, night vision camera,

THEMES

Activism and social struggles

Environment

Family

Labour

Social intervention

Women and Feminism